



Children's
Wisconsin

Kids deserve the best.

Family Yoga

January

21st

5:30 – 6 p.m.
on Zoom

Could you use some fun family relaxation? The holidays can be a busy and stressful time for families; and 2020 has certainly brought added stress and challenges. Gather your family together and join us for some relaxation and connection. Jen, a certified yoga instructor, will lead us in 30 minutes of fun, beginner friendly, family yoga.

Scan the QR code to join us on Zoom or email handerson@chw.org to have the link sent to you.

